



Thursday 10th September 2026

Dear Parents and Carers,

Allergy Awareness

As we begin the school term, we would like to remind all families of the importance of being mindful when preparing snacks and packed lunches for school.

We have several pupils within our school community who have severe food allergies. Exposure to certain foods can cause serious allergic reactions, and we all have a responsibility to help keep every child safe.

Please do not send any nut-based products into school. This includes, but is not limited to:

- Peanuts and tree nuts
- Peanut butter or nut spreads
- Cereal bars containing nuts
- Chocolate spreads containing nuts
- Cakes, biscuits, or other foods containing nuts

We also ask parents and carers to check food packaging carefully, as some products may contain nuts or traces of nuts. When choosing snacks and lunch items, please opt for nut-free alternatives.

Your support and cooperation are essential in helping us maintain a safe environment for all children.

If your child has any dietary requirements or allergies that the school should be aware of, please ensure that this information has been shared with the school office.

Thank you for your understanding and support in keeping our school community safe.

Yours sincerely,

Greg Sadler
Executive Principal



We're a proud member of the EMAT family



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